



INCLUSION JOURNEY FY22



Our peer trainer Kasinathan got married in March 2022 at his hometown of Villupuram [Tamil Nadu]. Pictured with his wife and mother.



Trustee Report



S Vaidyanathan

Founder of The Ganga Foundation

19 May 1965 – 13 May 2021

Dear Well-Wisher

In what was the most challenging year for The Ganga Foundation [TGF] since its inception wrought by the devastation inflicted by Covid, we suffered a body-blow that was most cruel.

Our pioneering founder and lead evangelist for the cause of persons with spinal cord injury [PwSCI], S Vaidyanathan [Vaidy] succumbed to the disease after a three-week battle at Christian Medical College Hospital in Vellore on 13th May 2021.

For someone who'd amassed a vast body of knowledge about the virus, the risks it posed and the steps one needed to take to evade it, his passing because of it was ironic.

The outpouring of grief, specifically from members of the PwSCI community, was a telling commentary of what he represented to them and the stellar work he'd accomplished within that space since TGF came into being in 2009.

Even as we struggled to come to terms with the enormity of the loss, there was not a shred of doubt that the work of TGF, which Vaidy had carried out painstakingly over the years and saw as his life mission to bring about change, should not stop. Filling giant-sized shoes has never been easy and our experience was no different. However, with the unstinted support of all associates of TGF, the collective leadership of all those who stepped in to operationally steer the ship in the immediate aftermath of Vaidy's passing, and the counsel provided by members of the board of Trustees, we are glad to report that we've stabilised and are set to carry forward Vaidy's mission of creating impactful change. Going forward, our Inclusion Journey report will hit your mailboxes in October every year, post our annual audit and will outline our work in the immediately preceding financial year.

Our donation receipts for the year were the highest since our inception and we cannot thank enough the donors who continued to repose faith in the team, in spite of Vaidy's absence. To all of you, we are incredibly grateful. As always, we continue to keep administrative and overhead costs to a bare minimum – as can be seen on a slide in the following pages, that number, reckoned on our total spend, stood at a shade over 10% in FY22. In a capital-constrained environment that we operate in, we remain firm in our belief that frugality is non-negotiable.

In a pandemic-ravaged year, our peer-to-peer counselling model continued to build on the traction witnessed over the years; the Touch Freedom programme, launched in 2020 with an intent of harnessing technology to provide rehab solutions in 'socially-distanced' times, made remarkable progress, graduating about 110 trainees. More details about other programmes are on the following pages.

At TGF, while none of us CAN be Vaidy, the least we can do is to TRY to be like him. He was intent on altering the landscape of rehabilitation and dreamt of an India where disability did not equate to disadvantage. With your continued support, we are certain that we can give wings to his vision. We owe him that much.

Truly yours,

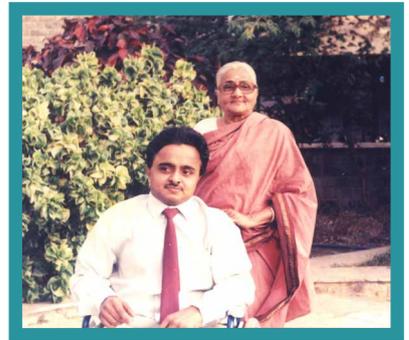
Nath Balakrishnan

Operating Trustee





Vaidy - A Life in Pictures



A lovely video tribute to Vaidy by Johan Dinakaran, who was associated with TGF in the past, can be found at this link: <https://www.youtube.com/watch?v=P8l6awRHO3w>





Board of Trustees



Elango Thambiah

Co-Founder and CEO



R Sekhar

Chartered Accountant



Nath Balakrishnan

Co-Founder and Operating Trustee



Suresh Krishnamurthy

Senior Director at CRISIL





The Spinal India Peer Trainers Programme

Interactions for FY22		
Description	Nos	
	Total	Unique persons
Technology-based interactions	26,311	6,779
Direct Interactions		
Home visits	69	69
Rehab visit - individual interactions	22	22
Rehab visit - group interactions	54	54
Networking meet - individual interactions	33	33
Networking meet - group interactions	10	10
Grand total	26,499	6,967

A Peer Trainer is a PwSCI or a relative of one who engages in training, motivation, and guiding other PwSCIs to live well.

- The first step in rehabilitation – getting PwSCI to reconcile to the reality that they would need a wheelchair for life
- Persons who have gone through a similar experience and have been rehabilitated are far better equipped to counsel those who have sustained a new injury – helping them overcome denial/depression is key to a successful rehabilitation outcome
- Aggravated by Covid-related lockdowns and challenged access to medical care, this programme served well PwSCI who sought to reach out to other peers for experiential inputs
- On account of Covid, we had restricted physical home visits and encouraged virtual ones, instead. Home visits have gradually recommenced from Q2FY23
- The entire cost of this programme was supported with funding from Kotak Mahindra Bank and partly by Ford
- During FY22, a web application was launched, into which TGF's peer trainers feed in details of all conversations with other PwSCI. This has greatly improved information capture, apart from helping gradually build a repository of such patients needing rehabilitation



Rambhu Yadav (East Champaran, Bihar)
Runs a grocery store post his rehab and peer trainer counselling



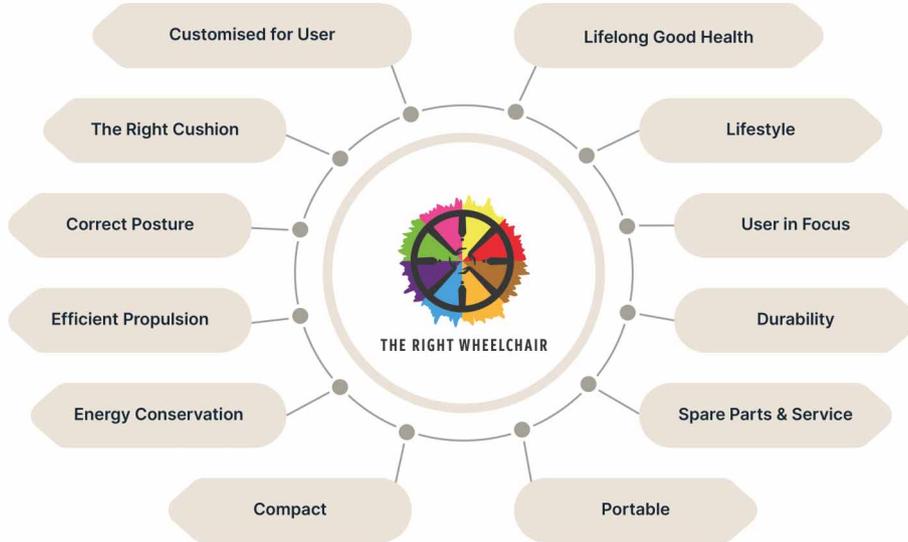
Ezhilarasan (Tiruvannamalai, Tamil Nadu)
Reached out to our peer trainers 16 years post his injury; is independent now



Manikandan (Tirupattur, Tamil Nadu)
At the instance of TGF's peer trainers, he underwent rehabilitation at CMC, Vellore



The Right Wheelchair Programme



- Flagship programme of TGF, which represents the first step towards independent living
- During FY22, orders for a total of **389** wheelchairs were placed
- Key donors supporting this programme included corporates such as Kotak Mahindra Bank, Flex, Ford, Nikita Containers and Spark Capital
- Forza Freedom was the preferred brand supplied, as it strikes the best balance between quality and affordability – this is seen as ideal to kickstarting life immediately after an injury
- During FY22, the process to identify beneficiaries was streamlined with a greater emphasis of collecting comprehensive documentation
- Crucially, all potential beneficiaries were required to submit an income certificate to ascertain their economic status – this ensured that wheelchairs were directed only at the most needy



Alias Chacko (Ernakulam, Kerala)

Post rehab at Swasraya centre and with the right wheelchair, he sells lottery tickets for a livelihood



Archana Telgote (Chhindwara, Madhya Pradesh)

A post-graduate, she currently works as an ITI trainer in her home town





The Touch Freedom Programme

- Conceptualised in 2020 to circumvent the challenge of rehab during Covid times
- As context, about 25-30,000 persons suffer spinal cord injury in India annually, as against bed capacity of a fraction of that number – huge mismatch between demand and supply
- Further, such quality rehab centres are few and far between, often requiring patients to travel inordinate distances in delicate health conditions
- Lastly, treatment options are not inexpensive and most patients just don't have the means to pay for rehabilitation
- The trifecta of Availability-Accessibility-Affordability is what Touch Freedom seeks to address [in the words of Sanjeeb Kalita, a Bangalore-based entrepreneur, who consented to run this initiative as a volunteer starting from July 2021; we are deeply thankful to him for his generosity with time and giving the programme the shape and impact it has assumed today]
- Since May 2021 [from when we have data on graduating trainees], from an average of five trainees per month, the number of persons graduating monthly has moved up to 15. Graduations for the FY22 stood at ~110
- The entire programme is administered online by a team of trainers [four teams of two members each] and well-qualified therapists [started the year with two, but ended the year with three]
- Depending on level of injury, patients take anywhere between 12-18 weeks to graduate from the programme and physically be in a state of readiness to pursue meaningful livelihood options
- The cost of rehabilitating one person via this programme works out to Rs 10,000 – compared with costs involved at a physical rehabilitation centre [travel, appointment with doctor, staying expenses, to name a few key heads], Touch Freedom represents a compelling alternative
- The programme has considerable potential to scale and create outsized impact – given its reliance on technology that makes distance irrelevant, it can address the rehabilitation challenge in geographies even outside of India



Rohit Dhakkad (Shajapur, MP)

Remarkably independent after graduating from the Touch Freedom programme; aspires to be a wheelchair cricket player



Vishakha Parashar (Khandwa, MP)

An aspiring para athlete, she enrolled for the Touch Freedom programme after getting in touch with one of TGF's peer





Other Programmes that are Work-in-Progress

- **Rehab centre at Arockia Hospital, Sarugani [Sivagangai Dt, Tamil Nadu]**

- Vaidy's vision was to have cost-effective centres that follow best-in-class rehab protocols and facilitate independent living
- Was supposed to kick-off in early FY22, but progress was crippled by devastating waves of Covid
- Made progress in early CY22, with civil work commencing to carry out structural modifications to rest rooms to make it accessible for PwSCI
- Should be on track to offer rehab services at the facility in FY23



- **Collaboration with R2D2 at IIT Madras for an online resource repository on spinal cord injury and independent-living skills**

- Programme is funded by TGF with additional financial resources being committed by Flex
- Content in place; video shoots were impacted in FY22 on account of restrictions on physical movement and Covid-related impositions
- Content should be up on YouTube in the FY23 – with systematic indexing of various topics, we believe that the resource will be immensely useful for the cohort of PwSCI



- **Tying up funding for other programmes such as Bedsore Surgeries, The Right Cot and Mattress Programme [TRCMP] and Livelihood Support Programme [LSP]**

- Bedsore, their prevention and treatment are a key focus area for TGF, given their fatal consequences if left unattended
- Efforts to raise funds to target the programmes mentioned above has been ongoing
- Glad to announce that our first institutional donor for Bedsore Surgeries granted funds towards the end of FY22; and the first corporate donors for TRCMP/LSP materialised in early FY23
- Details of our spending across these programmes will be part of our Inclusion Journey of FY23





Initiatives for Welfare of Team Members



- We are incredibly proud of our team, which chose to continue being associated with TGF in spite of the loss of their inspirational leader, Vaidy. Indeed, attrition for the year was negligible
- Hiked the fees paid to trainers for their services by 5% starting from October 2021 – this came on the back of fees remaining unchanged since 2019 [and being cut, in some cases]
- Instituted a one-time bonus to coincide with Diwali of 2021, equivalent to one-month's fees: in challenging times, it was our way of demonstrating that we value their services and support
- In March 2022, members of our team from various parts of India converged in Odisha for a one-week 'offsite'. The joy of a physical meeting after almost two years was indescribable. Pictures on this page capture the mood of the event.





Other Accomplishments



- Kamalakanta Nayak, our peer trainer from Odisha, took a crack at the world record for the maximum distance covered on a wheelchair in 24 hours and enter the Guinness Book of World Records [GBWR]
- A stretch in Bhubaneswar, Odisha, was identified to carry out this attempt
- In a stunning feat of strength, endurance and, most importantly, an iron will, he completed a distance of ~215 kms in a span of 24 hours, well ahead of the existing record [~185 km]
- All the data pertaining to his accomplishment are currently with the certifying authorities for their approval before its formal entry into GBWR
- This achievement is an excellent example of the possibilities of life and a ringing endorsement of what can be accomplished with a resilient spirit

- Members of our team participated in the Chennai Marathon [which was conducted in March 2022], as against the usual January [as wave 3 of Covid was rampant]
- Held at a race track on the outskirts of the city, as opposed to winding its way through city roads
- Our team members participated in the 10 km event unassisted and unequivocally demonstrated that disability is only a state of mind, not a physical impediment



- Several members of the TGF peer trainer team participated at the National Para Athletic Games held at Bhubaneswar in March 2022
- Disciplines included javelin throw, shot put and wheelchair racing, to name a few
- Certificate of Appreciation was handed out to our peer trainer Rajeev Kumar in the wheelchair racing event





Our Team Members



Alka B Nikam
Peer Trainer



Allepu Bharath
Peer Trainer



Amartya Sen
Peer Trainer



Anil Kumar Amrawat
Peer Trainer



Apurba Samanta
Peer Trainer



Atul D Wadhane
Peer Trainer



Balageetha G
Peer Trainer



Beena Kurup
Peer Trainer



Binod Kumar Lohar
Peer Trainer



Deepak Sharma
Peer Trainer



Dildar Ahmad Shapoo
Peer Trainer



Durgadevi G
Therapist



Ganesan Nagarajan
Peer Trainer



Imran R
Peer Trainer



Kamalakanta Nayak
Peer Trainer



Kanmani
Therapist





Kasinathan A
Peer Trainer



Ketki Awhad
Therapist



Kumaresan A
Peer Trainer



Kunilata Barik
Peer Trainer



Madhuri Paturi
Peer Trainer



Manisha Ranka
Peer Trainer



Md Dastagir Fasihuddin
Inclusion Manager



Mithun Giri
Peer Trainer



Mohammad Rafee Parray
Peer Trainer



Naresh S
Peer Trainer



Nilesh Yadav
Peer Trainer



Nuruddin
Peer Trainer



P Madhan Kumar
Peer Trainer



Parbati Kairi
Peer Trainer



P Sreedhar Raju
Peer Trainer



Poornachandran G
Peer Trainer





Priya Sharma
Peer Trainer



Raj Kumar
Peer Trainer



Rajeev Kumar
Peer Trainer



Ramesh S
Peer Trainer



Ravi Kumar
Peer Trainer



Samson Daniel
Programme Manager



Sarah Sundararaman
Therapist



Satnam Singh
Peer Trainer



Shailesh Kumar
Peer Trainer



Shiny Mary J
Therapist



Shubham S Ware
Peer Trainer



Subbulakshmi Venkatesan
Peer Trainer



Tarun Kumar
Peer Trainer



Udaya Kumar Rout
Peer Trainer



Ved Prakash
Peer Trainer



Viveka Kumari
Peer Trainer



Anurag Kumar S
Volunteer



Imran Khan
Inclusion Advisor



Kannadasan VP
Livelihood Advisor



Rayan Fernandes
Volunteer

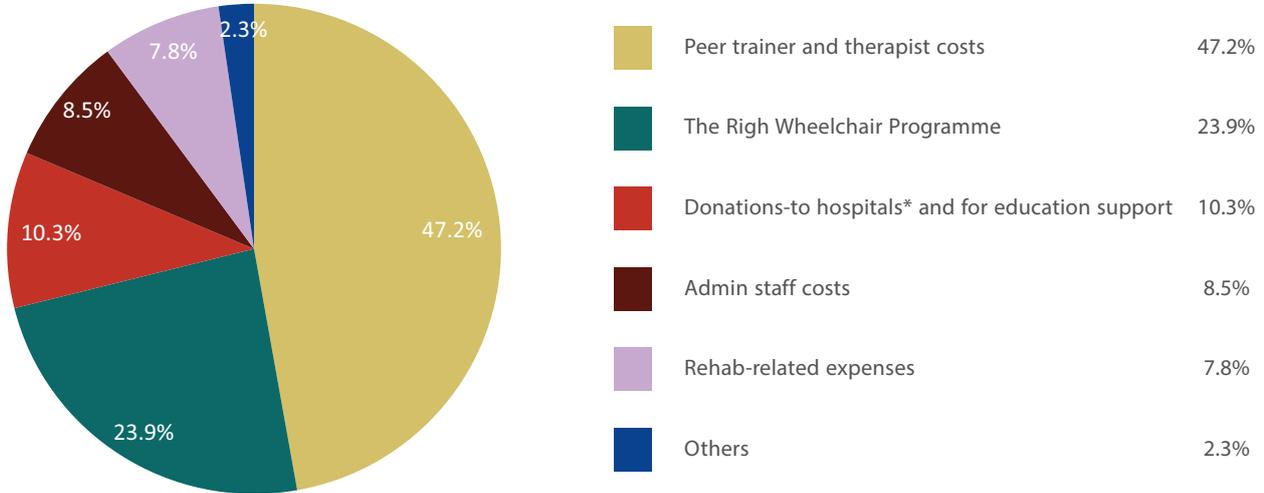


Sanjeeb Kalita
Head, Touch Freedom





How We Spent Your Money



* To CMC, Vellore in the form of ventilators during the peak of the second wave of COVID-19 [May-June 2021]

How You Can Help

If you want to make a difference to the lives of PwSCI, here's where you can direct your donations to:

Beneficiary Name	The Ganga Foundation
Bank	Kotak Mahindra Bank
Branch	Porur, Chennai
Savings Account Number	3845950370
IFSC Code	KKBK0000472
UPI Code	thegangafoundation@kotak
The Ganga Foundation PAN	AABTT8436G

Donations accepted only from Indian Passport Holders

The Ganga Foundation Legal Status

The Ganga Foundation is a Public Charitable Trust. It is registered under Section 12AA of the Income Tax Act, 1961. Contribution to The Ganga Foundation qualifies for deduction under Section 80G vide URN AABTT8436GF20217 dated 23-09-2021

Philosophy *Aagha Vendiyatha Paaru*

TGF is named after Ganga Singaraman (1925-2002), Vaidy's mother. Her philosophy of *Aagha Vendiyatha Paaru*, a Tamil phrase that means to look ahead; unconditional giving; and simplicity underpin the thinking and work of TGF.





VELU & CO.,
CHARTERED ACCOUNTANTS

Partners :

CA. S. JAMBU MAHADEVAN F.C.A.,
CA. P.T. JAYAKUMAR F.C.A., DISA, (ICAI)

FORM NO. 10B
[See rule 17B]

**Audit report under section 12A (b) of the Income - tax Act, 1961, in the case of
Charitable or religious trusts or institutions**

We have examined the balance sheet of THE GANGA FOUNDATION AABTT8436G as at 31st March 2022 and the Income & Expenditure Account for the year ended on that date which is in agreement with the books of accounts maintained by the said trust or institution.

We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of the audit. In our opinion, proper books of account have been kept by the above named trust visited by us so far as appears from our examination of the books subject to the comments given below:

In our opinion and to the best of our information, and according to information given to us, the said accounts give a true and fair view-

1. in the case of the balance sheet, of the state of affairs of the above named trust as on 31st March 2022, and
2. in the case of the Income & Expenditure Account, the excess of **Income Over expenditure** of the trust for accounting year ending on 31st March 2022

The prescribed particulars are annexed hereto.

Place: Chennai
Date: 28-9-2022

For Velu & Co
Chartered Accountants
Firm Reg. no: 004589S



Jambu Mahadevan
Partner
M. No. 204315

Branch Office : New No. 23, Old No. 10/11, 1st Floor, Periyar Road, T.Nagar, Chennai - 600 017.
Mobile : 72000 51150 / 99414 71020 Email : caveluco@yahoo.com / jambu66@yahoo.com
Head Office : New No. 145, Triplicane High Road. (Near Triplicane Post Office) Triplicane, Chennai - 600 005.





ANNEXURE

Statement of particulars

I. APPLICATION OF INCOME FOR CHARITABLE OR RELIGIOUS PURPOSES

1	Amount of income of the previous year applied to charitable or religious purpose in India during that year	Rs. 1,67,27,788
2	Whether the trust/institution has exercised the option under clause (2) of the Explanation to section 11(1)? If so, the details of the amount of income deemed to have been applied to Charitable or religious purposes in India during the previous year	No
3	Amount of income accumulated or set apart/ finally set apart for application to charitable or religious purposes, to the extent it does not exceed 15 % of the income derived from property held under trust wholly/ in part only for such purposes.	Rs. 25,73,999
4	Amount of income eligible for exemption under section 11(1) (c) (Give details)	NOT APPLICABLE
5	Amount of income, in addition to the amount referred to in item 3 above, accumulated or set apart for specified purposes under section 11 (2)	Rs 1,26,50,716
6	Whether the amount of income mentioned in item 5 above has been invested or deposited in the manner laid down in section 11(2) (b)? If so, the details thereof	Yes, Deposited in Scheduled Bank
7	Whether any part of the income in respect of which an option was exercised under clause (2) of the Explanation to section 11(1) in any earlier year is deemed to be income of the previous year under section 11(1B)? If so, the details thereof	No
8	Whether, during the previous year, any part of income accumulated or set apart for specified purposes under section 11(2) in any earlier year-	No
(a)	has been applied for purposes other than charitable or religious purposes or has ceased to be accumulated or set apart for application thereto, or	No
(b)	has ceased to remain invested in any security referred to in section 11(2) (b) (i) or deposited in any account referred to in section 11(2) (b) (ii) or section 11(2) (b) (iii).or	No
(c)	has not been utilized for purposes for which it was accumulated or set apart during the period for which it was to be accumulated or set apart, or in the year immediately following the expiry thereof? If so, the details thereof	No





II. APPLICATION FOR USE OF INCOME OR PROPERTY FOR THE BENEFIT OF PERSONS REFERRED TO IN SECTION 13(3)

1	Whether any part of the income or property of the trust /institution was lent, or continues to be lent, in the previous year to any person referred to in section 13(3)(hereinafter referred to in this Annexure as such person) If so, give details of the amount, rate of interest charged and the nature of security, if any.	NO
2	Whether any part of the income or property of the trust was made, or continued to be made, available for the use of any such person during the previous year? If so, give details of the property and the amount of rent or compensation charged, if any.	NO
3	Whether any payment was made to any such person during the previous year by way of Salary, allowance or otherwise? If so, give details	NO
4	Whether the services of the trust / institution were made available to any such person during the previous year? If so, give details thereof together with remuneration or compensation received, if any	NO
5	Whether any share, security or other property was purchased by or on behalf of the trust / institution during the previous year from any such person? If so, give details thereof together with the consideration paid	NO
6	Whether any share, security or other property was sold by or on behalf of the trust / institution during the previous year to any such person? If so, give details thereof together with the consideration received.	NO
7	Whether any income or property of the trust / institution was diverted during the previous year in favour of any such person? If so, give details thereof together with the amount of income or value of property so diverted.	NO
8	Whether any income or property of the trust / institution was used or applied during the previous year for the benefit of any such person in any other manner? If so, give details.	NO





III. INVESTMENTS HELD AT ANY TIME DURING THE PREVIOUS YEAR(S) IN CONCERNS IN WHICH PERSON REFERRED TO IN SECTION 13(3) HAVE A SUBSTANTIAL INTEREST

S.No.	Name & address of the Concern	Where the concern is a company, number and class of shares held	Nominal Value of the Investment	Income from the Investment	Whether the amount in Col.No.4 exceeded 5 percent of the capital of the concern during the previous year (Yes/ No)
1	2	3	4	5	6
Not Applicable					
Total					

Place: Chennai
Date: 28-09-2022

For Velu & Co
Chartered Accountants
Firm Reg. no: 004589S

J. Jambu Mahadevan

Jambu Mahadevan
Partner
M. No. 204315
UDIN:22204315AWCJFM1918





The Ganga Foundation-(PAN : AABTT8436G)

No.203,18th Street,
Chowdhry Nagar,
Valasaravakkam,
Chennai 600 087.

Balance Sheet as on 31.03.22					
Liabilities	Amount (Rs)	Amount (Rs)	Assets	Amount (Rs)	Amount (Rs)
Corpus Fund			Fixed Assets		2,89,587
Opening Balance		35,42,102	(Fixed Assets less depreciation)		
			Investments		
Income and Expenditure			Term Deposits		1,65,42,102
Opening Balance	2,48,71,440				
Less: TDS receivable for FY 18-19 Written off	13,240		Current Assets		
Add: Excess of Income over expenditure- 2021-22	15,42,693		Sailesh Kumar Sinha - Loan	1,20,000	
		2,64,00,892	Anurag Education loan	7,50,000	
Current Liabilities			Bank Accounts	1,33,46,476	
Sundry Creditors		4,72,830	TDS Receivable	1,16,473	
TDS Payable		52,758	Accrued Interest	1,358	
ZeoTap Advance		7,07,414	Telephone Deposit	10,000	1,43,44,307
Total		3,11,75,996	Total		3,11,75,996

For The Ganga Foundation

Nath Balakrishnan
Operating Trustee

Place: Chennai

Date: 28-09-2022

As Per our Report attached

For Velu & Co

Chartered Accountants

Firm Reg. No: 004589S

S. Jambu Mahadevan

Partner

M.No:204315





The Ganga Foundation-(PAN : AABTT8436G)

No.203,18th Street,
Chowdhry Nagar,
Valasaravakkam,
Chennai 600 087.

Income and Expenditure Account - For the Period 01.04.2021 To 31.03.2022			
Expenditure	Amount (Rs)	Income	Amount (Rs)
Adminstration staff	13,48,622	Contributions Received	1,61,85,871
Donations to Hospitals	16,78,186	Interest Income	11,82,709
Education	1,37,600	Gain on redemption of MF units	3,029
Experience Sharing Program	2,10,699		
Rehabilitation Activity	1,12,802		
Spinal Peer Indian Trainers	57,50,648		
The Right Wheelchair Program	37,89,658		
Touch Rehabilitation Initiative	5,58,428		
Therapist Charges	17,54,913		
Networking & Development	96,087		
Travelling expenses	13,107		
Audit Fee	26,550		
Bank Charges	9,901		
Depreciation	60,876		
Interest Expense	77,040		
Filing charges	8,850		
Vehicle Maintenance	28,400		
Software Expenses	20,096		
Professional Fee	40,000		
Printing & Stationary	19,634		
Kickstarting Livelihood	86,820		
Excess Of Income over Expenditure	15,42,693		
Total	1,73,71,609	Total	1,73,71,609

For The Ganga Foundation

Nath Balakrishnan
Operating Trustee

Place: Chennai

Date: 28-09-2022

As Per our Report attached

For Velu & Co

Chartered Accountants

Firm Reg. No: 004589S

S. Jambu Mahadevan

Partner

M.No:204315



