

Author's Note

Being a student, writing this comic for me, has been an experience of telling myself "I would tell this to my younger self" or "I wish someone had said this to me". This comic is a heartfelt attempt of mine to shed light on the often over looked experiences, emotions, and challenges that a lot of us face during small hurdles that to us look like the end of the word; Exams:).

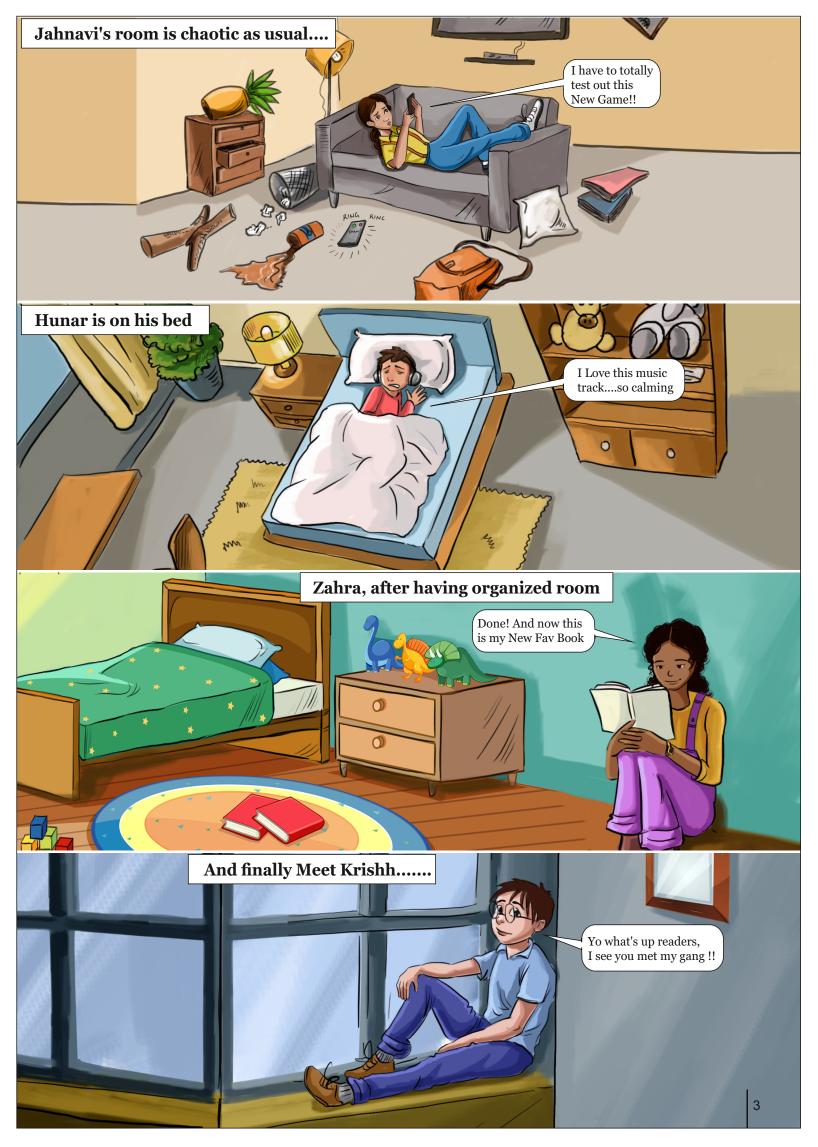
While I observed in school how many of my friends made common jokes about how the nearing of exams kept them up at night or made them dread the next month I realized we all have similar stories to one another. That is when I decided that I must get this universal experience that every child experiences down on paper.

I have written comics before but "The Exam War" just seemed as a story that was not just mine but everyone else's too. Friends, all students, parents of students, teachers and so many more people. As I wrote and illustrated the story I was able to look back and actually recall times I had been in the exact same position as my characters and I hope all you readers can too!

So I invite you to join me on this journey as we navigate the tumultuous sea of childhood, its good and bad together.

Enjoy reading!

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Anvi Kumar, an 11th grader from The Shri Ram School, Aravali, resides in Gurgaon, a suburb of the National Capital Region in India. Her maturity and grasp of human behavior have evolved her into a considerate and observant human being. Through art, storytelling, and several social initiatives, Anvi has been decoding the psycho-social issues of Indian teenagers and working towards the betterment of society. To delve deeper into the subject and aid her community better, she solidified her foregrounding while interning with BrainSight AI, a dynamic company at the forefront of AI-enabled applications for mental health professionals.

Lauded with a fully-funded scholarship from the New York School of Visual Arts, Anvi explored her passion for storytelling on pertinent topics via doodles and comics. Her venture, The Mind Canvas, supports various foundations and has been productized into exciting everyday-use items. A National Winner of the Harmony Art Contest, she is also passionate about street art and debating. A spirited human, Anvi aims to build her own army of teens working towards collective mental wellness!



Life is all fun and silly for four friends - Krishh, Jahnavi, Zahra and Hunar when suddenly on a Monday morning the teacher announces how there's only fews weeks left for the exams to start. Life was going good and now all of a sudden this?! Embark on this journey with the 4 friends to see how many breakdowns, rote learning sessions and of course cups of coffee and alarm they go through to prepare.

We get to see how these four friends figure out their own methods, tips and tricks and of course, funny mnemonics to get all set for the MONTH OF HELL in the way that works best for them!

Anvi's comic is a refreshingly light, but technically accurate take on commonly seen traits in students. While not causing impairment in day-to-day functioning, self identification of these traits can help children feel empowered and self-aware. I believe that content, such as this, that is non-stigmatizing, and created by teenagers themselves can be a very powerful tool in increasing general awareness and increasing psychological literacy. I have enjoyed collaborating, answering relevant questions, and am grateful that she's doing this.

Johns Hopkins trained Child and Adolescent Psychiatrist, Medical Director at STEPS Center for Mental Health

"This engaging and informative graphic book is a unique initiative that aligns exactly to the mission of mental health and awareness amongst students. It will become a very useful resource for schools and educators across the nation."

Rajnish Kumar, Former Ministry of Education, Director e-Governance





It will be great to hear your views and get ideas of what stories you would like to hear. Please do take this short survey by clicking on this link: https://forms.gle/6xtiFijuRnxqhSHS8





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